



The Witherbee Buzz

Vol. 17 No. 3 Newsletter

Summer 2020

The Witherbee Neighborhood Association includes the area bounded by 33rd to 56th and Randolph to "O" Streets

2020 Pool Party & Ice Cream Social Pandemic Edition!

It takes a bit of creativity to plan a party during a pandemic but the WNA board came up with a great solution. Welcome to the 13th Annual WNA Pool Party and Ice Cream Social- Pandemic Edition!

First up is the Pool Party. Look for your four swim coupons on page 8. Each coupon can be redeemed for a free swim at Woods Pool during the week of July 27th - August 2nd. Admission for any additional swimmers over the age of two is \$2.00. Woods Pool is open daily this summer for sessions at Noon - 1:30, 2:00 - 3:30 and 4:00 - 5:30. There is a special family swim time on Friday evenings from 6:00 - 7:30. Please present your coupon to the Woods Pool staff for your free admission. Lincoln Parks & Recreation has implemented COVID-19 procedures that each swimmer will be required to follow. These include limiting pool capacity. Once pool capacity is reached, check in will begin for the following session. Please review the Parks & Rec Pool website for additional information about COVID-19 with particular emphasis in the section: "COVID-19 Procedures: What to expect when coming to the swimming pools" at: <https://www.lincoln.ne.gov/city/parks/parksfacilities/pools/index.htm>.

After your swim, keep the party going with some delicious ice cream. WNA partnered with Runza at 48th & O Streets so Witherbee neighbors can enjoy free ice cream cones. On page 8 of this newsletter you will find coupons redeemable for a small ice cream cone at the 48th & O Street Runza location only.

For both coupons, you must present the original coupon (no duplicates). The coupons are valid July 27th - August 2nd. Please only use the coupons for your family. Also, please visit the pool and enjoy the ice cream once during the week. Just like your parents always said - too much swimming and too much ice cream isn't good for anyone.

.... Continued on page 8

Annual WNA Cleanup Saturday, September 12th

By Mike Kreikemeier

WNA did not host the WNA Spring cleanup in May due to the coronavirus pandemic. As the Witherbee Buzz goes to press in early July the pandemic risk in Lincoln & Lancaster County is moderate and the Keep Lincoln & Lancaster County Beautiful is once again providing grants to support neighborhood cleanups. The cleanup will follow social distancing and other guidelines in effect during September.

The WNA cleanup will be on Saturday, September 12th from 8 am to Noon. As with all events where people gather the schedule could change if the coronavirus threat increases. Updates will be posted to the WNA website and Facebook page.

The collection site will be along M Street directly north of Bryan Community School. The Witherbee Cleanup is a great way to dispose of unwanted items when cleaning up your garage, your yard & your home.

This is the 17th year Witherbee Neighborhood Association has sponsored a cleanup. If you have volunteered in previous years, Thank You! If you haven't volunteered, this is your year! We need many volunteers to help pick up litter along the major street rights of way, around the schools and in the neighborhood parks. This is a great way to get some exercise and help make the neighborhood look great! Does your high school student need service hours to graduate? Litter pick up counts! Get your service hours completed in the fall semester. Delicious breakfast treats, coffee & juice are provided to all volunteers. Don't miss out on a fun way to spend a Saturday morning.

We have found many partners to make the clean up event a great way to recycle and repurpose items.

.... Continued on page 3



SEE INSIDE STORIES:

Meet Your Council - Sept. Mtg - page 3

LPD Response to O St. Racing - page 4

Meet Your Neighbor - page 7

About Your Witherbee Neighborhood Association

Boundaries:

33rd to 56th & 'O' to Randolph

Meetings:

7:00 p.m. first Thursday of each
month at Tabitha LifeQuest Center,
48th and J.

www.facebook.com/witherbeena

www.WitherbeeNA.org

Mailing Address:

PO Box 5431
Lincoln, NE 68505
402-413-0156

Executive Board:

Kathy Holland, President
402-310-9153
rh30222@windstream.net

Mike Kreikemeier, Vice President
402-802-7865
mbk@windstream.net

Sherry Miller, Secretary
kitty66hawk@aol.com

Mascha Miedaner, Treasurer
mascha751@gmail.com

Mary Schwab, Past President
402-440-4131
maryschwab3510@gmail.com

Additional Board Members:

Lisa McNeel
402-499-8279
Lisamcneel105@gmail.com

Tim Duey
402-617-7998
tduey1@gmail.com

Jay Ridenour
402-613-3232
jridemc@hotmail.com

Rick Bagby
402-488-8567
witherbeerick@gmail.com

Christine Nesmith
402-484-7673
jeepn68@hotmail.com

Mary Rowan
402-483-2473
marymrowan@yahoo.com



With the amount of content in this newsletter, there is little room for the President's message which is good as I seem to be short on "words of wisdom". There is some key information I would like to share. 1) We have made the decision to cancel our WNA sponsored garage sales this year. While we realize individuals conducting a garage sale could certainly make their sale "safe", WNA could not guarantee that all participants would manage their sales that way. Since the sales are under the umbrella of WNA, the decision was made to err on the side of caution. So, we look forward to resuming Witherbee neighborhood garage sales in 2021! 2) Although we are not able to host our annual Pool Party & Ice Cream Social in person this year, we hope you will take advantage of the free swim at Woods Pool and the free ice cream cone at Runza. We thank the staff of Woods Pool and Runza at 48th & O for partnering with us! 3) We are going to have our annual Neighborhood Clean-up. Look for the article describing that event on page 1.

I have heard of some amazing ways that neighbors are connecting with neighbors during the pandemic. For example, group texts with others in the immediate neighborhood, the Woods (Avenue) neighborhood "July Challenge". It would be wonderful if this creativity found its way to the WNA board and to its membership. We need your ideas and energy to make this organization the best it can be!

Stay well!!

Kathy Holland, 2020 WNA President

President's Message

"The Final Third"

A Witherbee Walking Tour with Ed Zimmer

We have tentatively set a date of Sunday, September 27th for our walk with Ed Zimmer. We will be exploring the "Final Third", that is the eastern third of Witherbee from 48th Street to 56th Street between "O" and Randolph Streets. The tour will begin at 2 pm and last about 1.5 hours. Meeting place TBA. With ever changing circumstances, we might have to postpone the walk until a later date. Please check our website and Facebook page prior to the walk's date.

If you were unable to participate in the previous two walks with Ed, you can access the articles in our newsletter archives on our website, www.witherbeena.org. Click on the newsletter link at the top of the home page and select the Fall 2018 issue for the September 2018 walk and the Winter 2020 issue for the September 2019 walk. The articles provide details so that you can take a self-guided tour, almost as if you are following Ed through the two previous areas of Witherbee (33rd - 40th and 40th - 48th). We hope you will join us in September as we learn more about our neighborhood and its history!



GRADUATION 2020

On Sunday, May 24, 2020,
neighbors honored 6 high school
graduates from four Lincoln High
Schools with a unique combined
celebration.

Continued from page 1

We have teamed up with Habitat for Humanity ReStore, located at 4630 Y Street, to recycle and reuse construction material and items such as windows and doors from building/remodeling projects as well as leftover lawn and landscaping materials and furniture that is in good condition. Stop by the store to see furniture, appliances or materials for your next remodeling project.

Goodwill Industries will recycle and reuse most of the electronics and household items collected.

All used tires are taken to Firestone Complete Auto Care at 300 N 66th Street to be recycled. Complete Auto Care has been a generous cleanup partner for several years.

The metal & household appliances (washers, dryers, stoves, refrigerators, etc) are hauled to Alter Metal Recycling. Appliances with Freon are safely discharged before recycling.

Many hard to get rid of items, such as mattresses, box springs and old furniture can be disposed of by bringing them to the collection area.

Items that CANNOT be accepted include trash, leaves, grass clippings, liquids of any kind (including paint, paint thinners, varnish/stain) ammunition/explosives, LP gas cylinders and CRT televisions and CRT computer monitors.

If you need help hauling items to the collection site email Mike Kreikemeier at mbk@windstream.net or call the WNA phone line at 402-413-0156 to make an appointment by leaving a message. The items must be easily accessible and placed near the curb if possible for our volunteers to pickup.

Many volunteers are required to make this cleanup event a success. Please consider joining us for a few hours to help clean up the neighborhood. We also need volunteers with pickup trucks and/or trailers. Vouchers are provided to volunteer haulers to help defray the cost of gas. Contact event organizers: Mike Kreikemeier - mbk@windstream.net; Bryan Hurst - bbacon.hurst@gmail.com, Dan Wesolowski - dwesolowski@windstream.net and Jay Ridenour - jridemc@hotmail.com to volunteer or for more information.

This cleanup event is funded by a grant from "Keep Lincoln and Lancaster County Beautiful". Food and beverages are donated by Midtown Hy-Vee. Refuse hauling is provided by Niederhaus Refuse Services.



Meet Your Council Members at the September Meeting

We will again be hosting our City of Lincoln council members at our September meeting. This year James Michael Bowers, NE District 1, Jane Raybould, SW District 3 and Roy Christensen, At-Large, council members will be present. The meeting will take place via Zoom on Thursday, September 3 at 7 pm.

To request an invitation to the meeting, please send an email with your full name (and phone number, if you will be attending by phone), and "September Meeting" in the subject line to witherbeena@gmail.com. We will be using the waiting room feature of Zoom. Please plan to "arrive" to the meeting 5-10 minutes before the start time. Zoom invitations will be sent out September 2nd, the day prior to the meeting.



HyVee
EMPLOYEE OWNED

Full service floral

Pharmacy

Chinese

Italian

Bakery

produce

kitchen & delicatessen

full service meat and seafood

5010 'O' • 402-483-7707

LPD Responds to Neighborhood Concerns over Racing and Noise on O Street

In response to our invitation to the Lincoln Police Department to write about its strategy to reduce night time racing and noise on O Street, we received the following letter from Captain Martin Fehringer.

Dear Witherbee Neighborhood Association members:

I was asked to provide a summary of the Police Departments response to the growing concerns over racing and noise on O Street.

My entire career of 30 years, addressing the issues associated with O Street has been a priority of the Lincoln Police Department. When addressing the street racing, trespassing and loud noise issues along O St. we have employed a multi-faceted approach. The first, and most utilized approach is routine traffic patrol, looking for traffic and criminal violations on a daily, shift by shift basis. Historically 15% of all of the city's traffic tickets are written on O Street. This year, that again is the case. Our patrol officers are expected to conduct proactive traffic enforcement when not on calls for service, or conducting follow-up on cases they have worked. Keep in mind that we are a lean police department, and on many nights will only have 6 officers working from 33rd street East to the city limits, and O Street North to the city limits. Southeast Team has similar staffing while covering an even larger area of town. While we do our best to address these issues proactively, answering 911 and non-emergency calls will always come first, and draws us away regularly.

Secondly, when possible we conduct special details focused specifically on O Street, and the complaints we receive from citizens who live in areas nearby. These details allow officers to focus an entire period of time, usually 4-6 hours on proactive traffic enforcement along O Street. We partner with the Southeast and Center Teams of the Lincoln Police Department, our Traffic Unit, and both road troopers and the air wing of the Nebraska State Patrol during these details. On the last detail alone, which was on 3 consecutive days at the end of May, 204 official traffic citations were issued along with 614 warning citations. Various violations were cited, from speeding, to unnecessary noise (revving engines and doing burnouts) to disturbing the peace (loud stereos) to trespassing on O street business lots. Much of the cost of these details is paid thru grant funding, which we apply for and are ultimately awarded. We have plans for additional details in the near future.

Lastly, 3 years ago I changed some of my 3rd shift officer's on-duty time, to come in at 9pm instead of 11pm to address O St and the historical issues we have seen. Two officers in particular each year conduct a problem oriented policing project to work with businesses on O St between 84th and 33rd St. to get the proper no trespassing signage in their lots, to allow prosecution, along with a contact person from each business to be a victim willing to go to court, when violations are written. We have partnered with many businesses and Gateway Mall in this endeavor.

We will continue to make O street issues a priority. I would ask that you call our non-emergency number 402-441-6000 when you experience issues. If possible, adding any vehicle description, license plate number, or driver description would be helpful. We too live in our community, and want to sit outside in the evenings, or keep our windows open at night without be disturbed with the whining of engines, the squealing of tires, or the sound of loud music. We are committed to improving the quality of life of our citizens, and ensuring safe travel throughout our community.

Sincerely,

Captain Martin A. Fehringer, Northeast Team Commander
Lincoln Police Department



It's all about you!

Come in and see us at 1391 South 33rd Street in Lincoln

Federally insured by NCUA | membersowncu.org

Lincoln Pharmacy

Your Friendly Community Pharmacy!

3300 A Street • Open M-F: 9am-7pm / Sat: 10am-4pm

Easy prescription transfer Just Call!

402-817-7978

- Free Delivery • Full Service • Personalized Care •
- All Major Insurances • Medicare/Medicaid •
- Drive Thru Window •

Outdoor Fitness Equipment Now Installed at Woods Park

The installation of the FitLot/AARP fitness equipment was completed on June 23, 2020 at Woods Park. It is now open and ready for use. There are six stations with at least two different exercises to be performed at each station.



Per JJ Yost, Facilities Manager at Lincoln Parks & Recreation Department, "Like a playground, the equipment is available for anyone to use during park hours. There is an instructional sign at the FitLot to provide some basic how-to information. It is our intent to program exercise classes to better introduce people to use of the equipment but like almost everything else we do, the pandemic has altered/delayed our intentions."

Per additional signage, this equipment is not sanitized between uses, so please bring your own hand sanitizer. Wearing a mask and keeping a distance of 6 feet between participants is also recommended. The FitLot is a great addition to the wonderful recreational choices at Woods Park!

1st market
Your friendly & convenient neighborhood store

On the corner of 33rd and "A"
402-477-3633 • [astreetmarket.strikingly.com](https://www.astreetmarket.strikingly.com)
Find us on Instagram and Facebook

Full service grocery store open 7am-10pm everyday!
Fresh Randy's donuts & coffee daily • "Grab & Go" hot soup & sandwiches • Best meat & produce in town!

Native Plants = Insects = Birds

by Mascha Miedaner

Food desert: noun, an urban area in which it is difficult to buy affordable or good-quality fresh food. (from Lexico.com.)

Just as urbanization can create a food desert for people, so it can for birds. At the May meeting via Zoom, fourteen people joined Jason "the Birdnerd" St. Sauver to learn about



how to get more birds to come to their yards. And the secret to that is to plant more native species of plants. Native species of plants attract insects which then attract birds. Non-native species and lawns create a food desert for birds. These native insects are an important food source for birds and their chicks. Over 96% of land birds feed their chicks insects. So if you want birds to frequent your yard, you need insects. Native plants will attract more and different species of insects. For example, 557 species of caterpillars are attracted to a native oak of this area while only 5 species will be attracted to a non-native ginkgo.

If you are using native plants to replace some of your lawn, in addition to more birds, using native plants uses less water, less gas to run the mower, and fewer pesticides, all translating to less money that you spend. When planning your yard, think of levels of plants because different birds will be attracted to different heights of plants. Creating different habitats attracts varied bird species. The overstory (canopy trees) are favorites of orioles; mid-story (small trees & shrubs) will attract songbirds; understory (perennials, ground cover & sedges) for sparrow; and on the ground (leaf litter), a home for invertebrates like caterpillar pupae, that birds eat. And if you don't have a yard or limited areas to plant, consider planting your natives in pots.

Here are some resources to get you started. Two books that Jason recommended are: [Bringing Nature Home: The Living Landscape](#) by Douglas Tallamy and [Attracting Birds, Butterflies & Other Wildlife](#) by David Mizejewski and National Wildlife Federation. Go to the Audubon website for a database to search for which native plants attract which birds, <https://www.audubon.org/native-plants> and Audubon's Plants for Birds Program, <https://www.audubon.org/plantsforbirds>. These sites also contain numerous articles to further your education.

Remember, Native Plants = Insects = Birds!

Yard of the Month in Witherbee

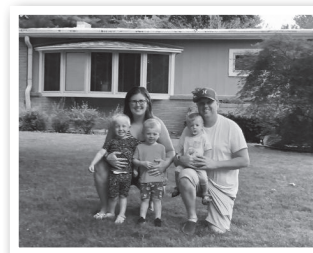
The June Yard of the Month recognition goes to Sue Field at 3807 J Street, who was nominated by her neighbor. Sue moved to J Street in 1983, attracted by



the tree shaded streets of this established neighborhood. The character of the house with its oak floors and gumwood wood trim was another deciding feature. She and her family love the central location near St. Theresa School and the Woods Park tennis courts. An ornamental tree welcomes one to the front door, while a wide bed of irises borders the driveway. The back yard is a soothing swath of green, bordered by perennials and pots of brilliant annuals, welcoming visitors to the patio.



The July Yard of the Month is Kaitlin and Travis Ferris, who moved to 701 South 53rd Street in 2018. Their mid-century house and roomy back yard are a perfect fit for a family that includes 2 year old twins Roczen and Remmington and one year old Rylan.



Their neighbors are welcoming and kind, and there are other children nearby. Kaitlin and Travis both work at UN-L, as an academic adviser and in building maintenance, respectively. Their spacious back yard is enclosed by a tall privacy fence bordered with all season perennials, from peonies and day lilies to hostas, Stella d'oro lilies, irises, ferns and spirea. Japanese maples accent both front and back yards. A deck and fire pit offer easy entertaining. Fun fact: when they first moved in, Travis saw a Yard of the Month, and it became his goal to get this recognition. He was nominated by his neighbor Ben!

Support our Troops Care Packages



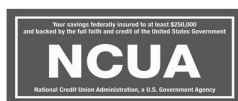
Spirit of America is taking donations to deliver a care package for Nebraska's men and women deployed overseas. **Please drop off donations at 325 N 52nd St.** Thank you for supporting our Military!

"Heroes Into Homes" is a non-profit Veteran assistance organization, helping homeless Veterans into homes. Spirit of America is collecting canned items for their pantry. Please drop off your donations in the Credit Union lobby. Thank you for supporting our Vets!

Spirit of America FCU is a not for profit member owned Financial Cooperative established in 1932. We're more than a financial institution for our members and community. Visit our website or call us to find out more!



spiritofamericafcu.org
325 N 52 St, Lincoln NE
402.467.1102



Proudly serving
Military, Federal, Postal
Employees and
their families.



Ask us about
Completely FREE Checking!

- No minimum balance
 - No monthly service charge
 - **FREE** Debit Card
 - **FREE** ^ Online Banking with InstAlert
 - **FREE** thank you gift
 - **Up to \$10 BUY BACK** of your old checks and/or debit card
- ...and MORE!

Visit us online at westgate.bank for details on our Completely FREE Personal and Business Checking.

^ Your cell phone provider may charge additional fees for web access or text messaging.



WEST GATE BANK.

Our interest is you

westgate.bank | 402.434.3456

Meet Your Neighbor

By Susan Howell

Connie Fouts was born in 1923 and grew up in Dakota County attending a one room school house. She went to high school in South Sioux City and graduated from Wayne State. She married Harold, who was a navy pilot in World War II. After the war, they moved to Lincoln so he could attend UNL and get his degree in architecture in 1949.

In 1951, Harold designed and built their house on South 38th St. in the Witherbee Neighborhood. She looks back and realizes how young they were to be taking on such a big project. They raised 5 children in that house, 3 girls and 2 boys. She has 15 grandchildren and 28 great-grandchildren with one on the way! Everyone comes for holidays. Now her family does all the cooking and decorating so she can relax and enjoy! Her husband died in 1981.

When they moved to Lincoln, the population was 80,000. She said the biggest change she has seen over the years is the tremendous growth of Lincoln. When they came here, there were no shopping centers. You shopped downtown and you always wore a hat and gloves and high heels. Stores were not open in the evenings except on Thursdays and never on Sunday. "Things have really changed," she said.

She loves her house and her neighborhood. She remembers when the neighbors used to have pizza parties and get-togethers. At one point, she remembers there were 43 children in the neighborhood. Now, she says the area is pretty quiet. All the children have grown up and moved away. Most of the people she knew have died. She says she thinks she is the oldest one in the neighborhood. She was active in the Witherbee Neighborhood Association and enjoyed the Summer Ice Cream Social and other activities. She doesn't attend these anymore as she has some mobility issues.

But Connie is not alone. She has caring neighbors and family who check on her every day. She is happy to live in her house and look out on her beautiful back yard which she has allowed to become "natural" since she can no longer garden. It's beautiful and full of flowers and birds, squirrels and an occasional deer. It's a great Witherbee Neighborhood story.



July Health Tips:

How can older adults cope with hearing loss?

As we age, we may experience an overall reduced ability to hear things clearly. Presbycusis, or age-related hearing loss, comes on gradually and usually occurs in both ears. Older adults may also experience ringing in the ears, known as tinnitus.

There are two general categories of hearing loss. Sensorineural hearing loss occurs when there is damage to the inner ear or the auditory nerve and is typically permanent. Conductive hearing loss occurs when sound waves cannot reach the inner ear and is typically restorative. These types of hearing loss can be caused by a variety of factors including earwax or fluid buildup, a punctured ear drum, prolonged exposure to loud noises or health conditions such as diabetes or high blood pressure. Although hearing loss is common in older individuals, changes in your ears and overall health shouldn't be ignored as they could be a sign of other underlying health problems.

One of the most important steps to take if you think you have a hearing problem is to consult with your primary care physician. Your doctor may refer you to other experts such as an ear, nose and throat doctor or an audiologist. They may also offer assistive-listening devices including hearing aids, alerting and visual devices and cochlear implants.

Here are a few other coping mechanisms and helpful tips to protect against severe hearing loss:

- Avoid constant or continuous exposure to loud noises
- Wear ear plugs or special fluid-filled ear muffs (to prevent further damage to hearing)
- Avoid using cotton swabs to remove earwax; ask your doctor for best practices
- Keep medical conditions under control; manage your blood pressure and cardiac health
- Talk to your doctor about medications and any noticeable side effects including hearing loss
- Avoid smoking and vaping, limit drinking
- Select healthy food choices and exercise regularly

This health tip is brought to you by Tabitha, your answer for Senior Care in 28 Nebraska counties. To learn more, visit us at Tabitha.org or call 800.228.0417 | 308.389.6002.

As the state's quality award-winning Senior Care expert, nonprofit Tabitha, empowers people to live joyfully, age gratefully. Supporting friends and neighbors for over 130 years and encompassing 28 Nebraska counties, Tabitha offers a range of services from results-driven rehabilitation, accessible at-home home health care, innovative living communities and compassionate hospice services. Tabitha is Your Answer for Senior Care, learn more at Tabitha.org.



327-0705

Hours:
M.-F. 8-6
Sat. 8-12

Jeff Jacobson, DVM

4145 "O" Street

Visit our website for useful information about your family pet. We Care.
www.jacobsonvet.com



TABITHA

**Rehabilitation
Home Health
Senior Living
Hospice**

Your Answer for Senior Care

CONTACT A SENIOR CARE EXPERT
402.486.8520 | TABITHA.ORG

Pandemic Edition - Pool Party & Ice Cream Social

Enjoy your ice cream and enjoy your swim safely, compliments of the Witherbee Neighborhood Association. Be sure to thank our partners, Lincoln Parks & Rec and Runza, for helping WNA keep our famous Pool Party & Ice Cream Social going during the pandemic. A great tradition in a great neighborhood!



Woods Pool FREE Swim

Offer Valid July 27 - Aug. 2, 2020. Valid at Woods Pool only. Please present this coupon upon admission. Limit one free swim per coupon. Altering, duplicating, selling or transferring this coupon will void the offer.

Compliments of the Witherbee Neighborhood Association!



Woods Pool FREE Swim

Offer Valid July 27 - Aug. 2, 2020. Valid at Woods Pool only. Please present this coupon upon admission. Limit one free swim per coupon. Altering, duplicating, selling or transferring this coupon will void the offer.

Compliments of the Witherbee Neighborhood Association!



Woods Pool FREE Swim

Offer Valid July 27 - Aug. 2, 2020. Valid at Woods Pool only. Please present this coupon upon admission. Limit one free swim per coupon. Altering, duplicating, selling or transferring this coupon will void the offer.

Compliments of the Witherbee Neighborhood Association!



Woods Pool FREE Swim

Offer Valid July 27 - Aug. 2, 2020. Valid at Woods Pool only. Please present this coupon upon admission. Limit one free swim per coupon. Altering, duplicating, selling or transferring this coupon will void the offer.

Compliments of the Witherbee Neighborhood Association!



FREE ICE CREAM CONE

Vanilla • Chocolate • Twist

Offer valid July 27 - August 2, 2020. Valid at the 48th & O Street Runza® Restaurant location only. Please present this coupon before ordering. Limit one \$1 Cone or Dish per coupon. Substitutions and additions extra. Not valid with any other coupon or special discount. Altering, duplicating, selling or transferring this coupon will void the offer. Compliments of the Witherbee Neighborhood Association!

Runza® is a registered trademark of Runza® National, Inc.



FREE ICE CREAM CONE

Vanilla • Chocolate • Twist

Offer valid July 27 - August 2, 2020. Valid at the 48th & O Street Runza® Restaurant location only. Please present this coupon before ordering. Limit one \$1 Cone or Dish per coupon. Substitutions and additions extra. Not valid with any other coupon or special discount. Altering, duplicating, selling or transferring this coupon will void the offer. Compliments of the Witherbee Neighborhood Association!

Runza® is a registered trademark of Runza® National, Inc.



FREE ICE CREAM CONE

Vanilla • Chocolate • Twist

Offer valid July 27 - August 2, 2020. Valid at the 48th & O Street Runza® Restaurant location only. Please present this coupon before ordering. Limit one \$1 Cone or Dish per coupon. Substitutions and additions extra. Not valid with any other coupon or special discount. Altering, duplicating, selling or transferring this coupon will void the offer. Compliments of the Witherbee Neighborhood Association!

Runza® is a registered trademark of Runza® National, Inc.



FREE ICE CREAM CONE

Vanilla • Chocolate • Twist

Offer valid July 27 - August 2, 2020. Valid at the 48th & O Street Runza® Restaurant location only. Please present this coupon before ordering. Limit one \$1 Cone or Dish per coupon. Substitutions and additions extra. Not valid with any other coupon or special discount. Altering, duplicating, selling or transferring this coupon will void the offer. Compliments of the Witherbee Neighborhood Association!

Runza® is a registered trademark of Runza® National, Inc.